Dr. Testori is currently head of the Section of Implantology and Oral Rehabilitation at the University of Milan’s Dental Clinic at the I.R.C.C.S. Istituto Ortopedico Galeazzi.

He is also clinical associate professor at the Department of Periodontics and Oral Medicine of the University of Michigan School of Dentistry, Ann Arbor, Michigan, U.S., and an adjunct professor in the Department of Biomedical, Surgical and Dental Sciences at the University of Milan.

Location
The Lake Como Institute is located in the town of Como, famous for its silk manufacturers. Within what remains of its 12th-century walls is a charming historical center. The town is set on the shores of Lake Como, situated in a basin surrounded by wooded mountains and said to be the most beautiful of the Italian lakes. There is plenty to see while strolling around, including stunning villas, gardens, and sites of historical and cultural significance.

www.lonelyplanet.com/italy/the-italian-lakes/como

How to get there
From Milano Malpensa Airport, located about one hour away by car, you can take the Malpensa Express train to Como.
www.malpensaexpress.it

From Lugano Airport in Switzerland, located about 20 minutes away by car, you can take a shuttle bus to Lugano, and then a train from Lugano station to Como S. Giovanni station.
www.trenitalia.it | www.sbb.ch

From Milano Linate Airport, you can take a connecting bus to Milano Centrale station and catch a train to Como S. Giovanni station (trains depart hourly).

The following transport options are available via the institute:
– a private mini-van for up to five passengers, one way from Milano Malpensa Airport to Como
– a private mini-van for up to seven passengers, one way from Milano Malpensa Airport to Como
– a private car (up to three passengers), one way from Milano Malpensa Airport to Como
– There is an additional cost from Il Caravaggio International Airport (Orio al Serio International Airport)

What to see and do
Como is a very small old town and the best way to get to know it is by exploring its narrow passages, old streets, quaint markets and piazzas, stopping to enjoy a cappuccino on the terrace of one of its many cafes.

The remarkable 11th-century Romanesque Basilica di Sant’Abbondio has a beautiful fresco series inside the apse and a university occupies what was once the cloister. Lake Como’s shores feature a varied landscape of fields, forests, imposing rocks, charming villages facing the lake and magnificent mansions with beautiful gardens, particularly from Cernobbio to Gravedona and Bellagio. The following include only some of the innumerable sights:

The middle of Lake Como, where its three branches come together, offers a spectacular view of the whole promontory of Bellagio, of the northern Grigna mountains overlooking Valassina, and of the upper basin against the backdrop of the Alps if the skies are clear. It has the mildest climate and can be reached by boat.

www.taxiboat.it

Besides the glorious views of the Lecco branch of the lake, which turns southward, there are natural springs, like Fiumelatte, described by Leonardo da Vinci, and the impressive Orrido di Bellano (gorge), situated not far from the Renaissance Villa Monastero at Varenna.

For more information, visit www.lakecomo.eu.

Where to stay
All of the following hotels are located within a reasonable distance to the institute. If you would like to stay right on the lakefront, you might want to consider one of the following:

Palace Hotel is an historical art nouveau palace overlooking the lakefront.
www.palacehotel.it | TripAdvisor Certificate of Excellence | 4-star

Albergo Terminus dates back to the 19th century and has an enchanting view across Lake Como.
www.albergoterminus.it | 4-star

Not on the lakefront, but also centrally located is the following hotel Albergo Del Duca, with an attractive setting on a pedestrian square, offers the hospitality of a family-run business.
www.albergodelduca.it | 3-star

Where to eat
La Colombetta is a cozy restaurant offering regional cuisine, with fish dishes as its specialty.
www.colombetta.it

L’Antica Trattoria serves seasonal, traditional Italian cuisine with specialty meat dishes cooked on the fire in view of guests.
www.lanticatrattoria.co.it

Tira, mola e meseda provides Italian cuisine, especially dishes from Lombardy (risotto, ossobuco).
www.tiramolameseda.it

Capitan Drake Enoteca is a small eatery and wine bar offering New Zealand, Italian and Mediterranean cuisine.
www.capitandrake.it

I Tigli in Theoria, situated in the old palazzo and next to Theoria art gallery, provides a combination of gourmet cuisine, art and history.
www.theoriagallery.it | 1 Michelin star